The goal of the Healthy Built Environment (HBE) Work Group of LiveWell Douglas County is to increase opportunities for physical activity that promote healthy, active lifestyles. LiveWell HBE supports local efforts to:

1. Build and maintain sidewalks where people can safely walk and/or use other forms of “active transportation,
2. Build and maintain bikeways where people can safely ride bicycles, and
3. Encourage people to walk, bike, and or use other forms of “active transportation” to get to priority destinations like work, school, recreation, shopping, etc.

HBE works with community health partners on efforts designed to help achieve goals for physical activity highlighted in the Community Health Plan and other local plans that promote physical activity (e.g. pedestrian plans, bikeway plans, etc.). Specifically, LiveWell supports:

1. Increasing the percentage of public streets with sidewalks, and support efforts to repair/maintain existing sidewalk networks in local communities;
2. Increasing the completed percentage of planned bikeway networks in the county,
3. Increasing the percent of Douglas County children who walk and bike to school,
4. Decreasing the number of non-motorized fatalities and serious injuries on public roads in the county, and
5. Increasing the percentage of area residents who participate in recommended levels of physical activity.

By enhancing opportunities for physical activity and active transportation, HBE can help lead community-based efforts to:

* decrease the risks associated with the leading causes of death and illness in Douglas County (chronic diseases such as heart disease, cancer, and diabetes)
* promote active lifestyles that contribute to good physical and mental health
* improve environmental conditions by decreasing reliance on less healthy and sustainable forms of transportation.